

IPPACT STUDY

OPT OUT FORM

- ♦ I have read the Information Sheet provided overleaf for the above study and have had the opportunity to ask questions.
- ♦ I **DO NOT** want my anonymised clinical information to be included in this study.

Your Name

Date of birth

Signature

Date

Observational cohort Opt-Out Information and Consent Form:
Version 1 20.12.2019

IRAS ID: 272880

NIHR | National Institute
for Health Research

Phase 3: observational
cohort study



Led by
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and
Dr Filippo Varese

Observational Cohort Opt-Out Information and
Consent Form:
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NHS

Greater Manchester
Mental Health
NHS Foundation Trust

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Why have I been given this leaflet?

You are being given this leaflet because you are being supported by a mental health service and have been having some difficulties which might include things like feeling suspicious, hearing things that other people cannot or having unusual beliefs.

These are all common experiences and at the moment, it is difficult for clinicians to know which people may go on to have longer term mental health problems and which people won't.

Research is being conducted by staff in this service to make better decisions about which people are most at risk of ongoing mental health difficulties so that services can provide better support in the future.

Since this research only involves reviewing routine clinical information that is collected on every service user, there is no need for concern.

No change is being made to the treatment or care you will be offered

The information we collect (such as your age, what difficulties you are having and how often they happen) will be entered into a secure database. We will use information from your first assessment with the service, and update this 12 months later if you are still being supported by the service. None of your personal information will be made public. The database will be analysed by a small group of NHS and University researchers to improve our understanding on who may need long term support and who may not. You cannot be identified from this information.

If you have concerns about any aspect of the research please speak to a member of staff in the service who will do their best to answer your question, or contact the research team (see details below). If you remain unhappy or have a complaint which you feel you cannot come to us with, then you should contact the Patient Advice and Liaison Service (PALS) on 0800 587 4793.

If you would prefer us **not** to use your routine information, you can opt out using the **form overleaf** or:

- ◆ ask your care team
- ◆ email: faiza.ahmed@gmmh.nhs.uk Research Assistant or Rebekah.carney@gmmh.nhs.uk Project Manager/ Filippo.varese@manchester.ac.uk PI
- ◆ text or phone :
- ◆ post to: Youth Mental Health Research Unit, Greater Manchester Mental Health NHS FT, Rico House, Prestwich, M25 3BL

Please get back to us within 1 month of your first assessment with the service, otherwise the data will be included in the analysis.

Do this only if you DO NOT wish us to use your clinical information for analysis